



Heart in a Drawer

EXPLORING HURT, HEALING AND HOPE AS AN ADULT CHILD OF DIVORCE

Episode 13 Meditation Verse:

Peacemakers who sow in peace reap a harvest of righteousness.
James 3:18 NIV

Write the verse out three times below to hide it in your heart and mind.

1.

2.

3.

Reflection Questions:

How have you contributed to drama in past holidays?

What practical steps will you take this holiday season to sow peace instead of drama?