



Heart in a Drawer

EXPLORING HURT, HEALING AND HOPE AS AN ADULT CHILD OF DIVORCE

Episode 10 Meditation Verse:

Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.
Proverbs 13:12 NLT

Write the verse out three times below to hide it in your heart and mind.

1.

2.

3.

Reflection Questions:

How has your heart gotten sick over deferred hope as a child of divorce?

How will you reorient your focus on the tree of life that God provides for you?